



Physical Therapy 3-Step Pain Program™

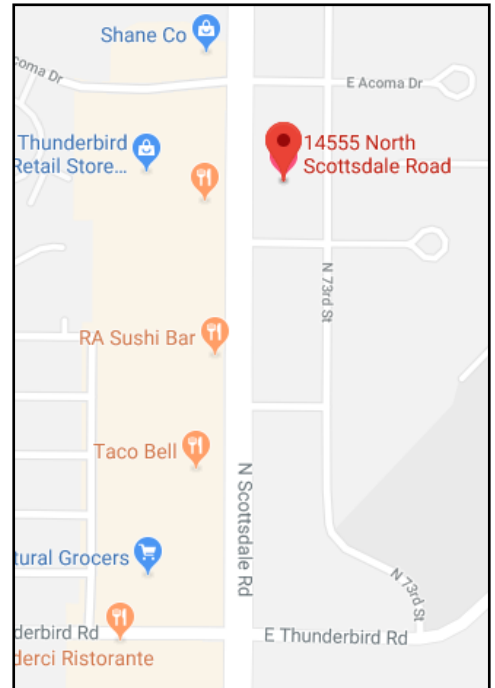
When the right atmosphere is created, the body will always heal.

Not all physical therapy clinics are the same. We are the only clinic in AZ that offers the Bonacci Method™ to align nerves, fascia, muscles, joints – in conjunction with the Feldenkrais Method® for movement and stability. These techniques target the body’s natural healing response and combat pain.

Areas we specialize in treating: Head, jaw, back, neck, arm, leg, hip, knee, ankle, foot, shoulder, elbow, wrist and hand. We treat pain and injury, conditions affecting nerves, muscles and joints, pre- and post-operative care – for all ages.

We specialize in assessment and treatment of mysterious, difficult-to-resolve pain, weakness, loss of motion and coordination. We help patients who have not found success with other therapists, and we co-manage treatment closely with referring physicians.

Don’t risk your health, time and money for physical therapy that does not fit your needs. If we are not covered by your insurance, we have affordable cash options. Between 80% – 90% of our pain patients find resolution with our methods; paying cash is worth the result.



Humble expertise that solves pain™

Patient Name _____ DOB _____ Date _____

Phone Number _____ PT Instructions: _____

Insurance _____ Ins. Ph. # _____ ID# _____

Dr. Printed Name _____ Signature _____

PH: 480-585-0252

FAX: 480-502-4336

HOPE

A sampling of testimonials from doctors...

"If there is discord, some docs just have a knack for tipping the balance in favor of healing. Dr. Bonacci has this. It is based not only on knowledge and experience but also on the application to specific individuals."

– Former director of the Arizona Pain Institute

"I have been treating patients with pain for a while and have not seen an approach so encompassing and effective. I recommend Dr. Bonacci to my patients and family."

–Pediatric Neurologist

"I have been referring acute and chronic complicated injury and pain patients for more than 15 years to Dr. Marc Bonacci, simply because he gets excellent outcome results in patients that have previously failed to respond optimally to physical therapy or chiropractic."

–Physiatrist

CONTACT

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Feldenkrais Method is billed in-network with BLUE CROSS, CIGNA, AETNA, OPTUM, UNITED, HUMANA and MEDICARE. Bonacci Method has affordable cash pricing.

Do you suffer from **Global Neural Tension™**?

Do you have unrelenting, mysterious pain – and no doctor or therapist has been able to help? Have you endured multiple medical procedures – and are still suffering?

An estimated 40% of Americans suffer from some form of chronic pain or Global Neural Tension. GNT can send pain anywhere in the body. Common areas include: head, eye, face, jaw, neck, back, under shoulder blades, arm, leg, elbow, wrist, hip, knee, foot, abdomen, groin, rib cage and chest.

This is how GNT develops: Think of it as a "double-crush." This means nerve lines are being compromised in more than one area. When multiple areas are blocked, it puts tension on the nervous system. This multi-pronged tension causes the nervous system to relay pain to other places in the body, and does not respond easily to traditional treatment.

Solve GNT with our **3-Step Pain Program**

Our targeted approach aligns, relaxes and releases the nervous system.

STEP 1: Bonacci Method (RegenAlign™). Frees compromised nerves by aligning the muscles, connective tissue, nerves and joints.

STEP 2: Physical Therapy. Based on the **Feldenkrais Method® of Somatic Education**, the gentle exercises retrain the brain to move properly.

STEP 3: Wellness Program. By maintaining a higher level of wellness, patients avoid pain.

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